



Xhuma Africa News Letter (01-01-2024)

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SUMMARY

Xhuma Africa is an association of **Young People in Cameroon** who have experienced **first-hand** the damaging consequences of **violence** in the **Anglophone Crisis** on the society and the environment and decided to take action in promoting **peace** and **environmental conservation**. This Newsletter presents updates on the training of 50 youths as peace weavers in Bamenda Cameroon.

In addition, the newsletter presents the participation of Xhuma Africa team members during a moral rearmament session at the North West Regional Assembly as part of commemorative activities marking the budgeting session of the Cameroon National Youth Council.

Promoting Moral Rearmament and civic values among youth leaders in Cameroon

INTRODUCTION:

This report highlights the important work being done by Nduku Louis Tebi, the founder of Xhuma Africa, in promoting moral rearmament and civic values among youth leaders in Cameroon.



On the invitation of the Cameroon National Youth Council North West Region, Our Founder Nduku Louis Tebi facilitated a Moral rearmament session at the North West Regional Assembly during the budgeting session of the Cameroon National Youth Council.

His presentation encouraged youth leaders from across the North West Region to promote respect for National Emblems while advocating for basic ethical and Civic values.

He reminded youth leaders to avoid indecency, violence corruption and cyber criminality.

He reminded youth leaders to avoid indecency, violence

YOUTH LEADERS AND INDECENCY:

One of the main points made by Mr. Tebi was the need for youth leaders to avoid indecency. He explained that this includes avoiding inappropriate language, dressing, and behavior. He also emphasized the importance of promoting self-respect and respect for others, regardless of gender, race, religion, or political affiliation. He explained that these values are essential for youth leaders to be effective and to have a positive impact on their communities.



YOUTH LEADERS AND VIOLENCE:

Another key point made by Mr. Tebi was the need for youth leaders to avoid violence. He explained that violence is never the answer, and that it only leads to more problems. He emphasized the importance of resolving conflicts peacefully and working together to find solutions. He also explained that violence can have long-term consequences, both for individuals and for communities.

YOUTH LEADERS AND CORRUPTION:

Mr. Tebi also addressed the issue of corruption among youth leaders. He explained that corruption is a serious problem that undermines trust and faith in the system. He emphasized the need for youth leaders to be honest and transparent, and to work towards a system that is fair and just for all. He also stressed the importance of holding leaders accountable, and of creating a culture of integrity and transparency.

CONCLUSION:

The work being done by Mr. Tebi and Xhuma Africa is essential for creating a brighter future for the people of Cameroon. The message of moral rearmament and civic values is one that resonates with young people, and it has the potential to create lasting change. With the right tools and support, youth leaders can play a vital role in creating a better world for everyone.

The prevalence of inter-community conflicts exacerbated by the scarcity of resources due to the consequences of climate change, show just how much ecological issues can be a source of conflict that undermines peace. Meanwhile, the specter of inter-community conflagration is now being fuelled by the resurgence of hate speech, the expression of identity-based withdrawal in the form of tribalism and the proliferation of fake news.



TRAINING OF 50 YOUTHS AS PEACE WEAVERS IN BAMENDA CAMEROON



The purpose of the Training of Peace Weavers is to empower young people in Cameroon with the knowledge, skills, and attitudes needed to become peace advocates and agents of positive change in their communities. The training aims to foster a culture of peace by promoting conflict resolution, environmental conservation, and sustainable development. The training also seeks to build the resilience of young people, enabling them to face the challenges of the 21st century. In this process, our trainees will become leaders in their communities, promoting the values of peace, respect, and coexistence.

The first topic covered on the 3rd of December 2023 was **conflict analysis**. The training provided an overview of the different types of conflict, the causes and effects of conflict, and the stages of conflict escalation. The trainees learned how to recognize the signs of conflict, and how to identify the different parties involved. They also learned how to analyze the underlying causes of conflict, and how to use this information to design appropriate responses.

The next topic covered in the training was conflict resolution, with a focus on negotiation and mediation. The trainees learned about the different approaches to conflict resolution, including win-win, lose-win, and compromise. They also learned about the key elements of effective negotiation, such as active listening, emotional intelligence, and empathy. In addition, they learned about the role of mediation in conflict resolution, and the skills required being an effective mediator. **Report by Lawong Kendra**





The third topic covered in the training was environmental conservation, with a focus on sustainable development. The trainees learned about the environmental challenges facing Cameroon, such as deforestation and water pollution. They also learned about the importance of protecting the environment for future generations, and how to make sustainable choices in their daily lives. The training also included a practical component, where the trainees sorted and recycled waste, and took part in an eco-walk to clean up the streets of Bamenda. This activity helped them to understand the importance of proper waste management, and its impact on the environment.

The fourth topic covered in the training was conflict transformation, which focused on resolving the root causes of conflict and building sustainable peace. The trainees learned about the concept of "positive peace", which goes beyond the absence of violence to include the presence of social justice, equality, and harmony. They also learned about the role of reconciliation and forgiveness in conflict transformation, and how to build trust and

understanding between different groups.

The fifth and final topic covered in the training was emotional intelligence, which focused on understanding and managing emotions in order to make better decisions and build positive relationships. The trainees learned about the different components of emotional intelligence, such as self-awareness, empathy, and self-regulation. They also learned about the impact of emotions on decision-making, and how to use emotions in a constructive way.





Later our participants also learned about best practices in mitigating hate speech, misinformation, and disinformation. They learned about the Africa Fact Checking Fellowship of Defyhatenow, which provides resources and support for combating false information online and offline. This is an important topic, since misinformation and disinformation has significant impact on our society affected by armed violence.

The Peace Weavers in Training, a program funded by Kanthari Foundation Switzerland, is designed to empower young people in Cameroon to become agents of change and to promote peace and sustainability. The program is currently being delivered to a group of 50 young people in Bamenda, and has already seen some impressive results. Our participants have been learning about conflict analysis, nonviolent communication, and environmental conservation, and have created some truly inspiring quotes and advocacy messages. Here are a few highlights from the program so far:



"A people free of choice will always choose peace" (Nduku Victor)

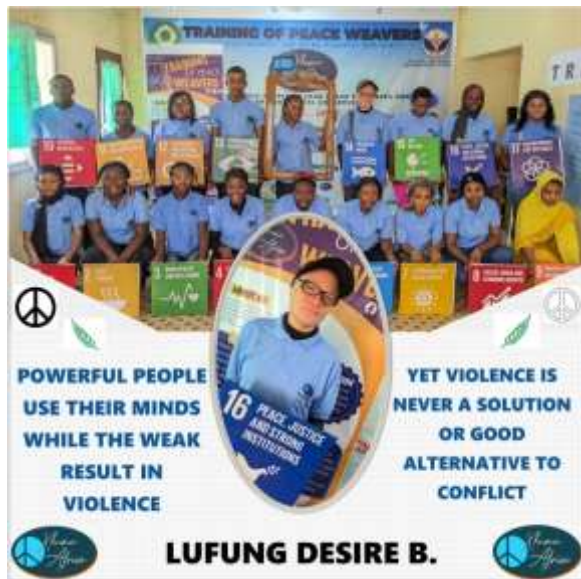
"Every drop of water saved today is a gift of life for tomorrow's thirsty world" Nfor Priso

"Just because you don't see things moving, doesn't mean they are stagnant." Kenzo Valentine

"When the power of love overcomes the love of power, the world will know peace." Berinyuy Liza

"Fighting for what is right is fighting for a better future." Faith

"Peace is always beautiful" Remihance Burinyuy..... See more wise sayings in the flyer below;



POWERFUL PEOPLE USE THEIR MINDS WHILE THE WEAK RESULT IN VIOLENCE

YET VIOLENCE IS NEVER A SOLUTION OR GOOD ALTERNATIVE TO CONFLICT

LUFUNG DESIRE B.



LET YOUR ACTIONS BE GUIDED BY VIRTUES OF COMPASSION AND EMPATHY

TOGETHER WE WILL BUILD A HEALTHY PLANET FOR ALL

BOMUIN FAITH



ADVOCATING FOR ACCESS TO QUALITY EDUCATION 4 ALL

EDUCATION IS FUNDAMENTAL RIGHT FOR CHILDREN

LILATU YAYA



SEEK TO PUT SMILES ON PEOPLE'S FACES AND MAKE THE WORLD A BETTER PLACE

PUT EMPATHY AND COMPASSION IN ACTION

CHI MARGARET



WHEN THE POWER OF LOVE OVERCOMES THE LOVE OF POWER,

THE WORLD WILL EXPERIENCE PEACE

BERINYUY LIZA



IN PEACE WE CAN ACHIEVE REMARKABLE THINGS WITHIN SHORT INTERVAL

SEARCH FOR PEACE IN FROM WITHIN AND WITHOUT

IDIRISU SHARIFATOU

PEACE CAN NOT BE KEPT BY FORCE, IT CAN ONLY BE ACHIEVED BY UNDERSTANDING

A PEOPLE FREE TO CHOOSE WILL ALWAYS CHOOSE PEACE

NDUKU VICTOR

EVERY DROP OF WATER SAVED TODAY IS A GIFT OF LIFE FOR TOMORROW'S THIRSTY WORLD

AVOID MISUSING NATURAL RESOURCES

NFOR PRISO NGAWA

PEACE STARTS WITH ME AND SPREADS TO THE WORLD

I AM TAKING ACTIONS FOR PEACE, I AM A PEACE CHAMPION

NGAM GLORY A.

EFFECTIVE COMMUNICATION ENHANCE UNDERSTANDING AND COLLABORATION

FOR TWO PEOPLE TO WORK TOGETHER THEY MUST AGREE

MBUMEGHA GLORY

YOUNG GIRLS CARRY FUTURE GENERATIONS UNBORN

GIRLS ARE ADVOCATING FOR TAX FREE PADS

NGHOMBUOCHE S.

RESOLUTION 2250 OF THE UN SECURITY COUNCIL MANDATES YOUTHS TO PARTICIPATE IN PEACE PROCESSES THROUGH

PARTICIPATION, PROTECTION, PREVENTION, PARTNERSHIP, DISENGAGEMENT.

SWIRRI SYLVIA